

HAPPY NEW YEAR 2019

Winter 2019 Vol 1.

Dear Patient,

Although Christmas was last year, we want to thank everyone that helped with our "Adopt a Family".



This is our 3rd year we have been able to help a family in need during the holidays. We couldn't do it without you! We were able to help a family of 5 and many others have a memorable Christmas, which they may not have had otherwise. The North County Food Bank services 650 families monthly. They offer food supplies, shopping and job assistance, basic cooking courses and so much more.

We appreciate the generosity you have shown and again we would like to Thank You for making this possible. In the picture you will see all the gifts that you donated.

Thank you!

Keep moving,

Dr. Max and the gang!

Say Goodbye to 2018 and Hello to 2019!!

Starting this year with some new faces and some new positions:

*Dr. Max – Owner/Chiropractor

*Dr. Deb – Part Time Associate Chiropractor

*Heather- Billing/Office Manager

*Alyssa- PI Billing/Back-up

*Marisol- Front Desk

*Bridget – Scribe

*Renee – Therapy

January Special

New Patient Referral Special

\$20.19

Includes consult, exam and x-rays

We are here because of you!

January Special

When your referral says you sent them in, we will have some thing special for you too!!!



New Year's Resolutions!

What is yours?

Write it down and post it on the cork board in the hall.

Check out ours!

We would love to see yours!



January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years day!!	2	3 Family Day!* (see below for details)	4	5
6	7	8	9 Orientation class @ 11:45 am	10	11	12
13	14	15	16	17 Senior Day!* (see below for details)	18	19
20	21 Martin Luther King Jr. Day	22	23 Orientation class @ 5:30 pm	24	25	26
27	28	29	30	31		

***Family Day-** 17 years & under can receive an adjustment for \$15.

***Senior Day-** 60 years & older can receive an adjustment for \$15.

Orientation Class- Learn how to take care of you. The doctor will cover topics such as Spinal Health and what you should do after you are adjusted? Are there any foods you should avoid? Mandatory for all Patients to attend, Optional to bring a guest(highly encouraged).